



**PYRAMID**  
Healthcare, Inc.



**MALES AND  
FEMALES 18+**

**WITHDRAWAL  
MANAGEMENT**

**RESIDENTIAL  
TREATMENT**

**MEDICATION  
ASSISTED  
TREATMENT (MAT)**

**MEDICALLY  
MONITORED CARE**



5849 Lincoln Highway  
York, PA 17406

24/7 ADMISSIONS  
(888) 694-9996

[pyramidhealthcare.com](http://pyramidhealthcare.com)

# York Withdrawal Management and Residential Treatment Center

For many individuals diagnosed with a substance use disorder, residential treatment provides a safe and secure environment to take the first steps towards recovery.

In addition to evidence-based treatment, clients participate in scheduled groups and individual counseling, establishing skills to support long-term recovery.

## What We Offer

- » Withdrawal management and residential treatment services for adults 18+
- » Individualized treatment planning and lengths of stay
- » Co-occurring disorders treatment
- » Dedicated and compassionate staff committed to providing tools for long-term recovery
- » Holistic approaches toward healing, including yoga and art expression
- » On-site fitness center, yoga room and outdoor recreational space
- » Incorporation of traditional 12-step fellowship, SMART recovery and Refuge Recovery
- » Comprehensive care management and aftercare services



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## **Life Skills Program**

Direct care staff and clinicians collaborate to provide the clients with effective guidance and instruction on topics such as financial management, job preparation, communication skills/social etiquette and the appropriate utilization of community resources. Our staff's goal is to help clients function well and lead productive lives when they leave treatment.

## **Medication Assisted Treatment (MAT)**

We educate, maintain and, in some cases, induct clients on Medication Assisted Treatment (MAT) including Suboxone® and Vivitrol®. Physician approval is required for induction while in treatment.

## **Specialty Tracks**

York offers an array of additional educational tracks that offer clients the opportunity to individualize their own treatment experience:

- » Co-Occurring
- » Criminality
- » Thinking Errors
- » Fundamentals
- » Emotional Regulation
- » Relapse Prevention
- » TREM (Trauma Recovery and Empowerment)

## **Additional Activities**

Clients can enhance their structured treatment experience by participating in a variety of creative therapies, including:

- » Drumming
- » Art Expression
- » Creative Writing
- » Yoga