



PYRAMID
Healthcare, Inc.



**PHP, IOP, & OP
LEVELS OF CARE**

**CO-OCCURRING
TREATMENT TRACK**

**PEER RECOVERY
SUPPORT**

**FAMILY
COMPONENT**



245 Chesapeake Avenue
Newport News, VA 23607

24/7 ADMISSIONS
P (844) 444-0027
F (888) 218-6831

pyramidhealthcare.com/va

Newport News Outpatient Treatment Center

The Pyramid Healthcare Outpatient Treatment Center in Newport News, Virginia offers a full continuum of individualized, evidence-based treatment options specifically designed for adults struggling with substance use or co-occurring disorders.

Individuals who contact Pyramid Healthcare receive a timely evaluation appointment - often within 24-48 hours of the call. During the initial assessment, our team gets to know each client so that we can provide a clinical recommendation for treatment as well as assistance in connecting the client to the services they need.

What We Offer

- » Comprehensive Level-of-Care Assessments
- » Partial Hospitalization Program (PHP)
- » Intensive Outpatient Program (IOP)
- » Outpatient Program (OP)
- » Individual, Family, & Group Therapy
- » Peer Recovery Support Services
- » Case Management

Payment Methods Accepted

- » Medicaid
- » Most major insurance
- » Self-payment



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Program Details

Pyramid Healthcare's outpatient treatment team utilizes The Matrix Model of Addiction, an integrative approach that incorporates multiple treatment models into a schedule of individual, group, and family therapy.

- » Acceptance & Commitment Therapy (ACT)
- » Cognitive Behavioral Therapy (CBT)
- » Dialectical Behavior Therapy (DBT)
- » Twelve-Step Facilitation

Partial Hospitalization Program (PHP)

Our PHP is designed to treat complex substance use or co-occurring disorders that do not require 24-hour care. Similar to IOP and other levels of care, PHP can serve as a step up or down in care depending on a client's individual treatment needs and goals.

Intensive Outpatient Services (IOP)

Often a step-down after completion of PHP or a residential program, this program meets 3 days/week and includes process psychotherapy, recovery skill-building, and education.

Outpatient Services (OP)

Includes weekly outpatient groups and/or individual therapy. Clients who demonstrate progress toward treatment goals often graduate to Outpatient Services to achieve sustained, long-term recovery with weekly groups and/or individual therapy and support.

Early Intervention

Early intervention is an educational service designed for individuals who are at high risk for substance misuse.

Peer Recovery Support

A Certified Peer Recovery Specialist (CPRS) coaches clients on topics including developing local resources within the recovery community, enhancement of self-management skills, and outreach/engagement support.