



**PYRAMID**  
Healthcare, Inc.



**ADULT MEN 18+**

**DUAL DIAGNOSIS  
TREATMENT**

**MEDICATION  
ASSISTED  
TREATMENT (MAT)**

**MEDICALLY  
MONITORED CARE**

**RECOVERY-BASED  
SUPPORT GROUPS**



420 Supreme Court Drive  
East Stroudsburg, PA 18302

24/7 ADMISSIONS  
(888) 694-9996

[pyramidhealthcare.com](http://pyramidhealthcare.com)

## **Hillside Detox and Inpatient Treatment Center**

Pyramid Healthcare's Detox and Inpatient Treatment Center in East Stroudsburg, PA provides a trauma-informed, person-centered treatment model for men in search of meaningful, long-term recovery.

In addition to evidence-based treatment, clients participate in scheduled groups, individual counseling, and a variety of services that support their transition to a sober lifestyle in a campus-like setting.

### **What We Offer**

- » Professional drug and alcohol and dual diagnosis treatment recommendations
- » Individual treatment options, activities, amenities, and housing
- » Medically monitored care ensures a safe, comfortable withdrawal management experience
- » Case management and support services coordinates aftercare and engages client in ongoing treatment
- » Individual, family, and specialized group therapy
- » Licensed medical professionals, psychiatrists, and registered dietitian on staff
- » Medication Assisted Treatment (MAT) maintenance and physician approved induction
- » Creative therapies, including yoga, drumming circle, and music and art expression



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## Dual-Licensed Program

Hillside is a fully integrated and dual-licensed (RTFA certified by OMHSAS and DDAP) rehabilitation program. Services include psychiatric evaluations, psychiatric follow-up, medication management and co-occurring group therapy. Staff utilize a trauma-informed approach in the development of treatment plans and group facilitation that assists clients with their co-occurring needs to accomplish personal and clinical goals.

## Medication Assisted Treatment (MAT)

We educate, induct, and maintain clients on all forms of Medication Assisted Treatment (MAT) including Suboxone®, Vivitrol®, and Sublocade®. Physician approval is required for induction while in treatment.

## Individualized Educational Tracks

Hillside offers an array of additional educational tracks that offer clients the opportunity to individualize their own treatment experience:

- » Relapse Prevention
- » Anger Management
- » CRS Services
- » Nutrition
- » Health & Wellness
- » Life Skills

## Life Skills Program

Life skills specialists and clinicians collaborate to provide clients with effective guidance and instruction on topics such as financial management, job preparation, and communication skills. Outdoor and indoor recreational activities and community-based events allow clients to embrace life and have fun without the use substances. Clients learn the appropriate utilization of community resources with the goal of functioning productively in society free of drug and/or alcohol dependence.